



Vegetarian Lunch Time Menu

MONDAY

Soya mince lasagne and garlic bread
Pears and evaporated milk

TUESDAY

Quorn pie with boiled potatoes and green beans
Chocolate mousse

WEDNESDAY

Vegetable hotpot
Fruit salad

THURSDAY

3 bean chilli and rice
Flapjacks

FRIDAY

Butternut squash and sweet potato tagine
and Vegetable couscous
Fruit jelly and ice cream



This menu can be adapted to your child's personal requirements.
Meat Substitute is Vegetarian Mince Soya
Jelly is Vegetarian Jelly

Vegetarain Tea Time Menu

MONDAY

Vegetable/fish fingers potato waffles and beans
Assorted yoghurts

TUESDAY

Vegetable korma and rice
Sultana scones

WEDNESDAY

Tortellini in tomato and herb sauce
Blueberry muffins

THURSDAY

Lentil soup and sandwiches
Bananas

FRIDAY

Pizza and hoops
Lemon drizzle cake



Dairy Free Menu



MONDAY

LUNCH - Dairy free lasagne
Pears

TEA - Fish fingers, potato waffles and beans
Alpro fruit yoghurt

TUESDAY

LUNCH - Dairy free lasagne
Pears

TEA - Fish fingers, potato waffles and beans
Alpro fruit yoghurt

WEDNESDAY

LUNCH - Dairy free lasagne
Pears

TEA - Fish fingers, potato waffles and beans
Alpro fruit yoghurt

THURSDAY

LUNCH - Dairy free lasagne
Pears

TEA - Fish fingers, potato waffles and beans
Alpro fruit yoghurt

FRIDAY

LUNCH - Dairy free lasagne
Pears

TEA - Fish fingers, potato waffles and beans
Alpro fruit yoghurt

